

Lesson Plan

Grade: Five	Subject: Science	Term: 3 rd	Time: 40min
Teacher's Name: _____		Week: 9	Day: 1
Chapter 10: Technology in Everyday Life		Topic: First Aid	

Objective(s):

At the end of this period, the students will be able to:

- Use a first aid box to dress a wound.

Resource Materials:

Chalk/marker, white/blackboard, Science Textbook, Worksheet, First Aid kit

Warm-up Activities

5mins

Before beginning the lesson, ask students to say "Tasmiya".

Ask them: What are steps of making a movable wagon? Let them respond.

Teaching and Learning Activities:

25mins

- Write the topic name 'First Aid' on the board.
- Tell the students today we will learn about first aid.
- Tell students that immediate help for an injured person is called first aid.
- It minimizes injuries and further disabilities.
- It helps to save life of the patient.
- Show students the first aid kit and the items inside it. Ask them if they can name these items. Let them respond. Tell them the names and use of each item of first aid kit.

Review:

3mins

Explain the main points about first aid.

Evaluation:

5mins

To check the understanding of students, ask them:

- What is first aid box?
- What are the items found in first aid box?

Homework:

2mins

Ask students to learn the topic.

Worksheet

Match column A with column B.

A

B

Three dimensional concepts

Spirit Level

Surface is horizontal

Model

Computers, phones, video, cameras

Plumb Line

Vertical reference line

Technical devices

Write the correct name of each item.





Lesson Plan

Grade: Five	Subject: Science	Term: 3 rd	Time: 40min
Teacher's Name: _____		Week: 9	Day: 2
Chapter 10: Technology in Everyday Life		Topic: Dressing a Wound	

Objective(s):

At the end of this period, the students will be able to:

- Use first aid box to dress a wound.

Resource Materials:

Chalk/marker, white/blackboard, Science Textbook

Warm-up Activities

5mins

Before beginning the lesson, ask students to say "Tasmiya".

Ask them: What do you know about first aid box? Let them respond.

Teaching and Learning Activities:

25mins

- Write the topic name 'Dressing a wound' on the board.
- Tell the student today we will learn about dressing a wound.
- A wound dressing is a type of bandage used to cover a wound by sticking to the surrounding skin using wound dressing tape or glue.
- The main purpose of wound dressing is provide a temporary protective physical barriers.
- Tell students wounds and injuries can happen to anybody. Wounds are cuts or broken parts of the skin. It is important to know how to treat cuts and wounds.
- Tell students how wound dressing is done by calling one student and act out in front of them.
- Ask students to open their textbook and do the activity.

Review:

3mins

Explain the main points about wound dressing.

Evaluation:

5mins

To check the understanding of students, ask them:

- What is wound dressing?
- What are the steps to dress a wound?

Homework:

2mins

Ask students to learn the topic.

Lesson Plan

Grade: Five	Subject: Science	Term: 3 rd	Time: 40min
Teacher's Name: _____		Week: 9	Day: 3
Chapter 10: Technology in Everyday Life		Topic: Shifting a Person to the Hospital	

Objective(s):

At the end of this period, the students will be able to:

- Practice shifting a person to hospital.

Resource Materials:

Chalk/marker, white/blackboard, mobile phone, Science Textbook

Warm-up Activities

5mins

Before beginning the lesson, ask students to say "Tasmiya".

Ask them: What are steps of wound dressing? Wait for their responses.

Teaching and Learning Activities:

25mins

- Write the topic name 'Shifting a Person to the Hospital' on the board.
- Tell students when people get sick or injured, they are taken to a hospital for treatment.
- Tell students how to move a person to the hospital by acting out the steps. using the mobile phone tell them how to call 1122 and inform about the accident.
- Explain the steps one by one.
- Shift the injured person to some safe side with proper support.
- In case of bleeding, wrap a piece of cloth or a bandage at the injured part to stop bleeding.
- Call an emergency ambulance service (1122), conveying the location of the incident, for help, to shift the patient to the hospital.
- Inform the relatives of the injured person.

Review:

3mins

Explain the main points about Shifting a Person to the Hospital.

Evaluation:

5mins

To check the understanding of students, ask them:

- Why are people taken to hospital?
- What are the steps to move a person to a hospital?

Homework:

2mins

Ask students to learn the topic.

Lesson Plan

Grade: Five

Subject: Science

Term: 3rd

Time: 40min

Teacher's Name: _____

Week: 9

Day: 4

Chapter 10: Technology in Everyday Life

Topic: Disaster management

Objective(s):

At the end of this period, the students will be able to:

- Practice earth quake, fire and flood drill.

Resource Materials:

Chalk/marker, white/blackboard, worksheet, Science textbook

Warm-up Activities

5mins

Before beginning the lesson, ask students to say "Tasmiya".

Ask them: What are the steps to shift a person to a hospital? Wait for their responses.

Teaching and Learning Activities:

25mins

- Write the topic name 'Disaster management' on the board.
- Tell students a disaster is a sudden adverse event and managing resources and responsibilities in such situation is called disaster management.
- Fire, earthquakes, floods, etc. are some natural disasters that can happen any time.
- To avoid a potential loss we must learn how to manage a disaster.

Review:

3mins

Explain the main points about disaster management.

Evaluation:

5mins

To check the understanding of students, ask them:

- What is disaster?
- What is disaster management?

Homework:

2mins

Ask students to learn the topic. And solve the given worksheet.

Worksheet

Fill in the blanks.

1. _____ is a sudden adverse event.
2. For moving a person to hospital call _____.
3. Immediate help given to patient is _____.
4. _____ decrease the effect of disaster.
5. Earthquake, volcanoes, and floods are _____ disasters.

Answer the following questions.

What is wound dressing?

List down items of a First Aid Kit.

What is First Aid box?

What are the main purposes of wound dressing?

Lesson Plan

Grade: Five	Subject: Science	Term: 3 rd	Time: 40min
Teacher's Name: _____		Week: 9	Day: 5
Chapter 10: Technology in Everyday Life		Topic: Earthquake Drill	

Objective(s):

At the end of this period, the students will be able to:

- Practice earth quake, fire and flood drill.

Resource Materials:

Chalk/marker, white/blackboard, Science Textbook

Warm-up Activities

5mins

Before beginning the lesson, ask students to say "Tasmiya".

Ask them: What do you know about disaster management? Wait for their responses.

Teaching and Learning Activities:

25mins

- Write the topic name 'Earthquake Drill' on the board.
- Tell students that earthquake is the shaking of the surface of Earth due to release of energy inside the Earth.
- Tell them an earthquake drill is a practice to save you during an earthquake.
- Tell students about steps of earthquake drill, one by one.
- Drop down onto your hands and knees immediately.
- Cover your head and neck (and your entire body if possible) underneath a study table or desk.
- Hold on to your shelter (or to your head and neck) until the shaking stops.
- If possible rush to an open area.

Review:

3mins

Explain the main points about earthquake drill.

Evaluation:

5mins

To check the understanding of students, ask them:

- What is earthquake drill?
- What are the steps of earthquake drill?

Homework:

2mins

Ask students to learn the topic.