Grade: Four	Subject: Science	Term	1: 2 nd	Time: 40min
Teacher's Name:		Wee	e k: 5	Day: 1
Chapter 5: Forms of Energy and Energy		Topic: He	eat Energy	, Temperature,
Transfer		Thermometer		

Objective(s):

At the end of this period, the students will be able to:

- Recognize that warmer objects have a higher temperature than cooler objects.
- Investigate the changes that occur when a hot object is brought in contact with a cold object.
- Identify ways to measure temperature and understand its unit.

Resource Materials:

Chalk/marker, white/blackboard, Science Textbook, Spatula, Bowl of hot water, Ice cube, thermometer

5mins

25mins

Warm-up Activities

- Before beginning the lesson, ask students to say "Tasmiya."
- Ask them: What is Echo? How sound travels? Wait for their responses.

Teaching and Learning Activities:

- Write the topic name "Heat Energy" on the board.
- Tell students another form of energy is heat energy. Heat travels from warmer objects to cooler objects. Heat energy is also called thermal energy.
- The sun is the largest source of heat energy. Bring an ice cube to class and put it on table. Ask students to observe it. After few minutes it melts into water. Ask students why does it happen? Let them respond.
- Tell them air around ice cube is warmer and ice cube is cool so heat flows from air to ice cube and it starts melting. This shows heat flows from warmer object to cooler object.
- Now write the topic name 'Temperature' on the board.
- Ask students when you touch a hot cup of tea, how does it feel? Let them respond. Tell them it feels hot.
- Now ask them if you dip your finger in iced water, how does it feel? Wait for their response. Tell them it feels cold.
- Tell students things feel hot or cold because of their temperature.
- Temperature is measure of amount of heat energy present in a substance.
- Ask students how do we check if something is hot or cold. Let them respond.
- Tell them we touch things to check the hotness or coldness of objects.

- Tell students to check the exact temperature of an object we use thermometer. Thermometer is an instrument used to measure temperature. It is usually made of a glass tube that contains a liquid. It has a metal tip at one end.
- Tell students the glass tube of thermometer is marked with divisions. We called these divisions degrees. Temperature is measured in two different scales.
- Celsius scale or Centigrade scale
- Fahrenheit scale
- The metal tip of thermometer touches the object, the heat flows from warmer object to liquid in thermometer. The liquid moves up in thermometer. We check the division on which it stops. The reading is actually temperature of that object.
- Ask students to open their textbook and solve the activity. Tell them heat can also be harmful to us. Find out the ways in which heat can be harmful. Let them respond.
- Bring a thermometer to the class. Guide the students how to measure temperature with a thermometer. Make pair of students. Ask each pair to check each other's temperature. Let them respond.

Review:	3mins
Explain the main points about heat energy and temperature.	
Evaluation:	5mins
To check the understanding of students, ask them:	
 What is heat energy? 	
What is temperature?	
 How can we measure temperature? 	
Homework:	2mins

Ask the students to learn the topic and write the answer of Q3 (iii) of Exercise in their notebooks.

Grade: Four	Subject: Science		Term: 2 nd	Time: 40min
Teacher's Name:			Week: 5	Day: 2
Chapter 5: Forms of Energy and Energy TransferTopic: Electrical Energy, Transform of Electric Energy			Transformation	
Objective(s):				
 At the end of this period, the students will be able to: Describe and demonstrate that electrical energy in a circuit can be transformed into other forms of energy (e.g., best, light and equal) 				
 Explain and provide reasoning why a simple electric circuit requires a complete electrical pathway. 				quires a
Resource Materials	S:			
Chalk/marker, white	/blackboard, Science 1	Textbo	ok, Worksheet	
Warm-up Activities	5			5mins
Before beginn	ing the lesson, ask stu	dents	to say "Tasmiya."	
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• Ask them: What do you know about thermometer? What is heat energy? Wait for their responses.

Teaching and Learning Activities:

- Write the topic name 'Electrical Energy' on the board.
- Tell students another form of energy is electrical energy. It is produced by flow of charges. It is most widely used energy. We use in almost all home appliances.
- Tell students continuous flow of charges is electric current. Electric current flows from a path called electric circuit. Electric circuit is made of wires through which current flows.
- Now draw a circuit on the board and explain it with its help.
- Tell students electric current flows from battery and passes through wires to bulb and from bulb to other wires and reaches the battery. As a result, bulb glows.
- Tell students when electric current has closed path, the circuit is called complete electric circuit. When electric current does not have closed path, the circuit is called open circuit.
- Ask students to open their textbook and do activity. Ask them to mention types of energy you are using in your daily life.

Review:

Explain the main points about electrical energy and electric circuit.

Evaluation:

To check the understanding of students, ask them:

- What is the electrical energy?
- What is an electric circuit?

13

3mins

5mins

25mins

Homework:

2mins

Ask the students to write the answer of Q4 (ii) of Exercise in their notebooks and solve the given worksheet.

Worksheet

Q1. Write some uses of electric energy in your daily life.

1	 	 	
2	 	 	
3	 	 	
4	 	 	
5	 	 	

Q2. Answer the following questions.

i) Define electric current.

ii) Define electric circuit.

Q3. Label the diagram and explain how electric circuit works.



Grade: Four	Subject: Science	Те	erm: 2 nd	Time: 40min	
Teacher's Name: _	Teacher's Name: Week: 5				
Chapter 5: Forms of	Chapter 5: Forms of Energy and Energy Transfer Topic: Exercise				
Objective(s):					
At the end of this p	eriod, the students will be a	ble to:			
Solve Exercise	e				
Resource Material	s:				
Chalk/marker, white	e/blackboard, Science Textbo	ok			
Teaching and Lear	ning Activities:			30mins	
Before beginn	ning the lesson, ask students	to say	"Tasmiya."		
• Tell students	they are going to solve the e	xercise	of chapter 5.		
Briefly explain	n all topics and ask questions	related	d to them. Wa	ait for their	
responses.					
Ask students	to open their textbooks and	solve N	1CQ's. Ask the	em to solve	
the Q2 in the	ir textbooks. Help them in th	eir wor	k. Check theii	⁻ work.	
• Ask the stude	ents to open their textbooks a	and hel	p the student	s to solve	
problem activ	vities. Help them if needed.		•		
Review:				0mins	
N/A					
Evaluation:				5mins	
To evaluate the und	lerstanding of students, chec	k their	work.		
Homework:				5mins	
Ask students to revi	se the exercise of chapter 5.				

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Grade: Four	Subject: Science	Term: 2 nd	Time: 40min
Teacher's Name:		Week: 5	Day: 4
Chap 4: Matter and	Its Characteristics	Topic:	Revision
Students Learning	Outcomes		
At the end of this pe	riod, the students will be able to:		
Revise all the	concept of chapter 4.		
Resource Materials	:		
Science Textbook, W	/orksheet		
Teaching and Learn	ing Activities:		10mins
 Before beginn 	ing the lesson, ask students to say	/ "Tasmiya."	
• Tell students	today they are going to revise th	ne chapter. So	that they can
easily prepare	for exams.		
 Ask students t 	o revise the topics. Guide them if	needed.	
 Now arrange t 	them, and distribute worksheet ar	nong them.	
• Ask them to se	olve worksheet on time.		
Review:			10mins
Check student's wor	ksheet and correct their mistakes		
Evaluation:			0mins
N/A			
Homework:			0mins
N/A			

20mins

Write below which thing will float or sink.

Leaf	 Fork	
Coin	 Tennis ball	
Balloon	 Pencil	
Needle	 Wood	

Answer the following questions.

i. Define matter.

ii. Differentiate between mass and volume with examples.

iii. What is density?



iv. What are properties of metals?

v. Draw arrangement of particles in three states of matter.

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Grade: Four	Subject: Science	Term: 2 nd	Time: 40min
Teacher's Name:		Week: 5	Day: 5
Chapter 5: Forms of Energy and Energy Transfer Topic: Revision			ion
Objective(s):			
At the end of this pe	eriod, the students will be a	ble to:	
Revise all the	concepts of chapter 5.		
Resource Materials	5:		
Chalk/marker, white	/blackboard, Science Textbo	ok, Worksheet	
Teaching and Learn	ning Activities:		10mins
Before beginr	ning the lesson, ask students	to say "Tasmiya".	
• Tell students	today they are going to rev	ise the chapter. So	that they can
easily prepare	e for exams.		
Ask students t	to revise the topics. Guide th	em if needed.	
Now arrange	them, and distribute worksh	eet among them.	
• Ask them to s	olve worksheet on time.	-	
Review:			10mins
Check student's wor	ksheet and correct their mis	takes.	
Evaluation:			O mins
N/A			
Homework:			0mins
N/A			

Worksheet	20mins
Answer the following questions.	
i) Define energy.	
ii) Define hydropower.	
	<u> </u>
iii) Define light energy.	
iv) How is shadow formed?	
v) How is rainbow formed?	
Q2. What do you know about electrical energy?	